

# Tahlequah Recreational Soccer Club

## Rules and Regulations

### U8 Coed Closed League

Players: (6 v 6) - Five on the field with one goal keeper

Ball Size: 3

Play Time: 4 Quarters, 12 minutes each  
2 minutes between quarters and 5 minute half

Substitutions: Free substitutions on any dead ball.  
All players must play at least 50% of each game.

#### Game Play:

- No Off-Sides
- No Slide tackling
- Handball calls are lenient but can be called if game play is affected. Players are allowed to protect their face and body. All intentional handballs will be called.
- All free kicks are direct, defense maintains a 5 yard distance.
- All fouls that occur in the penalty area against the defending team will be placed on the outside of the penalty area for the kick.
- No Penalty Kicks – all free kicks are to be taken outside the penalty area
- Incorrect throw-ins will be called and the player will have another chance to throw it in correctly. If the second throw is incorrect, the other team will be awarded the throw-in. This is to teach our players the correct way to perform a throw-in.
- Basic FIFA rules will apply, corner kicks, goal kicks, kick-offs, etc.
- Fouls will be called with a sense of leniency to keep the game moving forward without a lot of stoppages. Fouls to be called: tripping, shoving, pushing, spitting, slide tackling, cussing, use of elbows, and aggression towards other players (yelling, trash talking, etc.).
- Coaches are not allowed to be on the field during game play. They must coach and instruct from the sideline.

#### Tips:

A handball is when the hand hits the ball and NOT when the ball hits the hand.

Goal keepers have possession of the ball when they have their hand on the ball, even if it is trapping it against the ground. Players are not allowed to kick the ball from a goal keeper with possession.

Socks are to be worn over the shin guards and not underneath them. This is for safety so a shin guard doesn't fly off a player.

Direct free kicks can be scored directly without having to touch another player.

A player can score directly off of a kick off.

Referees are there to ensure the safety of the players by maintaining control. This is done by enforcing the rules set in place. Many of the TRSC referees are younger referees still learning how to conduct games as a referee. TRSC asks each coach to treat them with respect and help them along their learning process. TRSC will not tolerate abusing or bullying of the referees. As with any sport, referees are not perfect and will miss calls. Please let it go and keep a positive attitude towards the game. Be a good role model for our players. Please refer to the TRSC Zero Tolerance Policy.